Digital Edition March 2024 Is 297 Vol 22



WEBBES BUILTS

Branded
"Disgusting"
and
"an Enormous
S***

Is time up for Bono?

Happy St. Patrick's Day

Also:

Jurgen Klopp

Israel never wanted peace with Palestine? (Rabin assassinated by secret service to foil peace initiative)

Gulf Stream under threat!

Natalie Wood's death - was it Murder?

New Digital Edition

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Going Forward: A New Challenge

The Covid-19 pandemic has taken its toll on us, like it has on many other magazines, organisations and businesses globally.

Unfortunately we are faced with a landscape that has irreversibly changed since the Big Issue first hit the streets in 1995. To meet this challenge Ireland's Big Issue must also change.

We have reluctantly decided, albeit with a heavy heart, to host the magazine digitally only for the foreseeable future.

From now on, Ireland's Big Issue will focus our support on the Irish Homeless Street Leagues. This volunteer-driven, nonprofit has been using the power of sport to transform the lives of men and women who've found themselves affected by social exclusion all across Ireland - north and south. By continuing to support the magazine online you'll be helping to develop resilient individuals and stronger communities, connecting people and promoting equality and diversity, inspiring and motivating those affected by social issues.

We will also be adjusting the content to reflect the times we live in whilst endeavoring to provide an informative and enjoyable read.

We thank you for your support to date and ask that you continue to help us. As there is no charge for Ireland's Big Issue we do need your support to continue highlighting the issues that impact our lives and bring you a truthful, balanced view of what is happening in our world.

For as little as a cup of coffee (€3) you can subscribe.



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Once melting glaciers shut down the Gulf Stream, we would see extreme climate change within decades, study shows.



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Liz Scales looks at the extraordinary life of Wolfe Tone, a man dedicated to affording all Catholics equal rights across Ireland



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Where's Bono?

lan David asks why our resident ideologue and activist Bono hasn't forcibly spoken Aout on the plight of Palestinians and Israel's genocidal policies

Former Pink Floyd musician Roger Waters recently branded U2 front man Bono "disgusting" and "an

enormous s***". During U2's residency in LA's Sphere on 8th October Bono paid respect to those killed the previous evening at the Supernova music festival in Israel. Launching into their 1984 track 'Pride (In The Name Of Love', Bono exclaimed,

"In the light of what's happened in Israel and Gaza, a song about nonviolence seems

somewhat ridiculous, even laughable, but our prayers have always been for peace and for non-violence... But our hearts and our anger, you know where that's pointed. So sing with us... and should know better those beautiful kids at that music festival." than most what life is like for

Bono altered the lyrics to the song, singing,

"Early morning, Oct 7, the sun is rising in the desert sky... Stars of David, they took your life but they could not take your pride."

There was little adverse reaction to Bono's comments

that night in light of Oct 7th as time has moved on however and with Israel's slaughter of innocents in

It's no crime to be a lightweight Bono,

Gaza many are wondering where is Bono now?

Why hasn't he spoken out firmly on the plight of Palestinians and Israel's genocidal policies there? For an ideologue and activist he's been eerily quiet.

The Ballymun native has never shied away from offering his standpoint (even shouting "shut up" to his audience in LA recently so he could express his

opinion) so why this muted response?

but maybe stop telling your fans to shut

Bono, coming from an island no stranger to conflict should know better than

most musicians what life is like for a marginalised section of society fighting for basic rights a marginalised section of society and equal opportunities, his fighting for basic rights and equal comments make news so why hasn't he taken a firm stand against injustice? Bono spoke

> about "those beautiful kids at that music festival", why not mention now the 'beautiful kids" who have lost their lives and who were born and raised under a brutal, military siege and a colonialist occupation that has cut them off from the rest of the world for their

opportunities

entire lives?

Those innocents who Israeli 'Defense' Minister, Yoav Gallant calls "human animals".

Perhaps Bono knows what side his bread is buttered. He has recently pocketed millions from the sale get off your soapbox and of the Clarence Hotel a deal that was facilitated by an Israeli bank Leumi UK – owned by Bank Leumi Le-Israel – that has been profiting from Israel's breach of the Geneva Convention in occupied Palestinian territory and is listed in a United Nations database of companies making profits from Israel's occupation of the territory. It would not perhaps be in Bono's interest to offend those who yield so much power. It is no coincidence that Rodger Waters after speaking out against Israel had his contact with music publisher BMG cancelled a result many believe of pressure by pro-Israeli interests toward BMG's

parent company, Bertelsmann.

Bono's no fool when it comes to finances, as his use of tax avoidance schemes bear witness. He would be aware that those who pull the strings of power in the music,

> banking and American politics support Israel so is it any surprise he's remained relatively silent?

> > and genocidal actions in Gaza, risks been

'Rattle & Hum' with your
elevated ego
Influence, profit and power have
a powerful allure. Exposing and
speaking out about the reality and
consequences of Israel's repugnant

blackballed from the club.

It's no crime to be a lightweight Bono, but maybe stop telling your fans to shut up, and do us all a favour, get off your soapbox, stop preaching about peace and nonviolence and 'Rattle & Hum' with your elevated ego with the power brokers whom you feel most comfortable with.





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Letter to my Younger Self Iris Costello

Each issue we ask a well-known person to write a letter to their 16-year-old self. This lissue, historical fiction writer Iris Costello (45) takes on the challenge. Iris lives in York with her teenage son, Luke and is a visiting lecturer at York St John University

In John Banville's novel, The Sea, one of the characters remarks that 'the past beats inside me like a second

heart.' It is a line that has always resonated with me. As I sit here, reflecting on my younger self, I find it hard to make the distinction between the person writing this and the sixteen-yearold girl I once was. For, in many ways, she is still here, still living inside me like a second heart. When I see old photos of her in her babydoll dresses and Adidas Gazelles, she seems both part of and disconnected from me, conserved, as though in aspic, in the netherworld of 1995., and yet it is her voice I hear in times of uncertainty, a childish, hopeful energy that carries me forward, that tells me to eschew adult caution and jump into the unknown.

and living for the moment. If we sat down, if she were somehow to extricate herself from me, I would tell her

"...the things that make her feel like she doesn't fit in, are the very things that will bring her joy, happiness, and success in the years to come."

Photo Credit: Betina La Plante

she tries to hide, the things that make her feel like she doesn't fit in, are the very things that will bring her joy, happiness, and success in the years to come. The fact that she lives in her head and likes to escape into daydreams, that she needs alone time to breathe and to think clearly, that she makes stories of everything because that is her way of making sense of a world that can often seem chaotic and unpredictable, is just who she is and that will never change. I would tell her that her inability to make small talk, her need to cut through the white noise of polite conversation and get to the heart of the person she is speaking to, though it makes her feel clumsy

that the parts of herself

She walks beside me, giggling, as I step into important meetings or take to the stage at an event, she's the real, unfiltered me, the dreamer who thinks with her heart not her head, devoid of cynicism, playing her music loudly

and awkward at sixteen will be the thing that defines her and her work in the years to come.

That sixteen-year-old version of me believes

wholeheartedly in the idea of love at first sight, in kismet and soulmates, and God help anyone who tries to tell her

otherwise. When she loves someone, she loves them body, mind, and soul. And she wears her heart on her sleeve for all to see. She describes this as her weakness. Sadly, her heart will be broken many times in the years to come and she will feel like she is broken too. But one day, she will take those difficult experiences and channel them into her stories. And she will be surprised to find that what she thought was

Iris at 16

One big

heartbreak in her late teens

in her soul.

her weakness was actually her greatest strength, that the emotion in her stories will resonate with

readers all over the world who will tell her how her honesty helped them talk about their own lives, to face the wounds they were told must be kept hidden. And she will be thankful

that she never focused on the small talk.

When I look at her photograph, I see youthful radiance, yet she will spend her teenage years picking her image apart, seeing only flaws and imperfections, thinking she is not good enough. One big heartbreak in her late teens will send all those doubts she has about herself and her worth spiralling, and she will develop a brutal eating disorder where she will punish her body for the pain in her soul. She thinks she is to blame, that she allowed herself to love too deeply, and she will spend the next few years closing off her heart because she thinks that is the only way she can protect herself.

I want to show her another photograph though she probably won't recognise the woman looking out at her. The woman is holding a baby in her arms, her son, and she is smiling because she never thought she could feel love as strong as this. I want to tell my sixteen year old self that the positivity and hope she thought she had lost during those dark days of her late teens and early

twenties are still there inside me, that her heart is still worn on my sleeve, that all the things she thought made

> her not fit in with the crowd were the very things that connected her to more people than she ever thought possible. I want to tell her that the body she felt was her enemy is now her greatest friend and that love can still be big and epic, but it doesn't have to hurt.

There is something else, something hidden deep inside that sixteen-year-old me, a knot of anxiety that has been there since she was a tiny girl; a thought so terrifying she dare

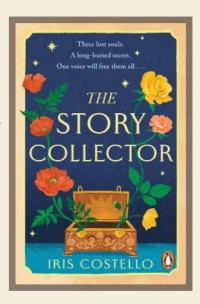
not say it out loud. It is the fear of losing her parents. As the youngest child, she has always felt

cocooned by her family, safe in their number. Her parents are the anchors holding will send all those doubts she has about everything in place. herself and her worth spiralling, and she How will she cope when will develop a brutal eating disorder where they are no longer there? she will punish her body for the pain This is the hardest part for

> me, but I want to tell her that, when the time comes, when, in her

mid-forties her parents pass away within nine months of each other, she will be stronger than she thinks. And though grief will make her feel like she is drowning at times, she will feel the past, present and future beating inside her, and she will find her way back to the shore.

The Story Collector by Iris Costello (Penguin) is available now from all good bookshops and online.



Kids Rule!!

'#Gentle Parenting' turning kids into Self- Absorbed little dictators? , Sineád Dunlop investigates.

The hashtag GentleParenting currently has 5.5billion views on TikTok while many teachers bemoan this permissive parenting technique and it's ramifications.

I have many friends and family who are teachers in primary schools across Ireland and a buzz phrase I've heard several times over the last year or so is 'Gentle Parenting', which is always accompanied by a pessimistic

story of some 4-11 year old's bad behaviour and their parents' lack of concern – and even feel a sense of pride in their child's misbehaviour!

As parents, we all want what's best for our children. 'Gentle Parenting' has become a popular approach that (apparently)

nurturing parenting style.

promotes empathy, understanding, and respect towards children, however, it's important to be aware of the potential dangers that are arising from this seemingly

While Gentle Parenting encourages positive discipline techniques and open communication, critics argue that it leads to permissive parenting and the lack of setting clear boundaries. They believe that children raised under this approach will

children raised under this approach will struggle with authority and have difficulties adapting to rules and expectations in the outside world.

*Isobel a teacher recently told me about a 7-year-old boy we'll call *Tom. Tom's parents were asked to come in to school to talk about his behaviour after he'd kicked an elderly canteen lady. Isobel elucidates,

"Tom was queuing up for lunch and when asked what dessert he'd like he picked ice-cream with strawberries, however, when handed his bowl of ice-cream Tom said he didn't want vanilla, he wanted chocolate. He pushed the door open into the kitchen and screamed, 'I told you before....I want chocolate ice-cream'

and kicked the canteen lady her on the shin. When I spoke to Tom's mother she said, 'Well, there's the problem right there... Tom's used with having options... having alternatives empowers children,

showing them they have power and control within the decision-making process. I was speechless

...children raised under this spouting approach will struggle with authority nonse and have difficulties adapting to rules and expectations in the outside world.

spouting this nonsense I could see she viewed the problem being our canteen lady and not

"By the time the mother

her son..... to me this epitomised the problems we are all seeing now in teaching. We can't say words like 'no' or 'don't' anymore as this is viewed as 'too rigid' I'm not surprised many of my friends are leaving teaching - I have friends who've handed in their notice and taken nightshift in supermarkets.... Teaching these kids is a thankless task."

*Kate who runs an after school language class, before Christmas she bought small prizes from her own money

for the top three pupils in her German class, however, the next day she was asked not to do this again unless she had medals for everyone as [according to the principal]

"It's more hassle than it's worth when I've phone calls from angry parents claiming their child's feelings are hurt."



Kate explained to her colleague that giving every child a medal as a means of cushioning disappointment only reduces their chances of realising that they can bounce back and it curtails their capacity for resilience, but the principal retorted,

if they didn't."

We can't say words like 'no' or 'don't' anymore as this is viewed as 'too rigid' I'm not surprised many of my friends are leaving teaching

What exactly is Gentle Parenting?

For those unaware, Gentle Parenting is an approach that supposedly emphasises empathy, understanding, and respect towards children. It is supposed to encourage positive discipline techniques, such as redirection, natural consequences, and problem-solving, instead of punitive measures like physical punishment or time-outs.

Proponents of gentle parenting believe that it promotes healthy emotional development, strengthens the parent-child bond, and fosters a positive parent-child relationship based on trust and mutual respect, however, critics argue that there are red flags with this parenting style that cannot be overlooked. One of the main concerns is that children raised under a solely gentle parenting approach struggle with authority and have difficulties adapting to rules and expectations in the outside world.

> Without the experience of clear boundaries and consistent consequences, children will most probably grow up with a sense of entitlement and a lack of understanding that actions have consequences. This can lead to challenges in school, relationships, and future employment.

Another potential

danger is the hindrance of a child's flexibility. By always prioritising the child's feelings and desires, they may not learn how to deal with challenging situations. Life is full of ups and downs, and children need to develop the skills to cope with adversity and setbacks.

The Impact on Child Development

Child development is a complex process influenced by various factors,

styles. To be fair,
gentle parenting can
potentially foster
emotional intelligence
and empathy in children

- but the downsides do seem to outweigh any benefits as evidence

to date seems to confirm that kids raised solely under a gentle parenting approach do not have as many opportunities to learn about things like delayed gratification, problem-solving, and self-regulation. These skills are obviously crucial and promote well-rounded development.

The Importance of Setting Boundaries

Setting clear boundaries is a fundamental aspect of parenting, regardless of the approach taken. Boundaries provide children with a sense of security, structure, and understanding of what is expected from them. They help children develop self-discipline and a healthy respect for

rules, however, another teacher *Maya who worked at a primary school in East Belfast told me recently how a grandmother was picking her granddaughter up from school and asked her,

"Please don't tell *Phoebe NOT to feed the (class) hamster –

Maya, who has been teaching for almost 25 years is now working nightshift at Tesco,

"I'd had enough... kids are now self-absorbed little dictators and I don't blame them, I blame the doting grannies and the mothers who won't say no. The final nail in the coffin was when a granny

While it's important to validate and acknowledge a child's feelings, it's equally important to teach them about appropriate behaviour.

all sounds like a bit of a pseudo science! Kids need discipline and consequences otherwise they risk turning into

spoiled brats.

Proponents state "Gentle Parenting does not suppress a child's emotions or stifle their individuality. Instead, it is about teaching children how to express

was leaving off her granddaughter and told me,

*Erin wants to be called Little Duck today.

I looked at this child, a child who was refusing to wear her uniform and refused to sit at her desk and I just knew I could do no more.... The kids have all the power now and they know it. I fear for the future. We are raising tyrants that have never been told they aren't centre of the universe."

Balancing Empathy and Discipline

Again, no one wants to bash parents who are doing their best and implementing elements of gentle parenting, however a balance between empathy and discipline must be achieved. While it's important to validate and acknowledge a child's feelings, it's equally important to teach them about appropriate behaviour and the consequences of bad behaviour. Empathy and discipline are not mutually exclusive. In fact, empathy can enhance discipline by helping parents understand the underlying emotions and needs that drive their child's behaviour. By addressing these underlying factors with empathy, parents can guide their children towards more appropriate ways of expressing themselves.

themselves."

That's all fine in theory but in reality these kids believe they are front and centre and their opinions and actual being are the most important thing in the room?

The Role of Consequences in Parenting

Consequences play a crucial role in teaching children

about cause and effect and helping them understand the impact of their choices. Gentle Parenting avoids punitive

measures and I think that's where the real issues come in.

Proponents claim that this method encourages natural consequences and logical consequences. In reality it

Effective Alternative Parenting Approaches

Some alternative approaches [from modern child rearing books] include authoritative parenting, positive parenting, and mindful parenting. Authoritative parenting combines warmth and responsiveness with clear boundaries and expectations. Positive parenting focuses on reinforcing positive behaviour, using effective communication techniques, and avoiding harsh punishments. Mindful parenting emphasises being present, attentive, and non-judgmental in our interactions with our children.

Two words that appear absent from all these methods is Common Sense, it is essential to be balanced in your approach to parenting, perhaps it is time to ditch these bohemian hippy-dippy manuals and get back to raising respectful kids who know right from wrong and who can function responsibly in society.

Have You an Idea to Make our Country a Better Place?

Social Entrepreneurs Ireland has announced that applications are now open for people with an idea to solve a social or environmental problem to join its Ideas Academy Class of 2024.

The three-month programme is open to anyone wanting to make a real difference in our communities and create

positive change for our nation, and is part of a €500,000 investment by Social Entrepreneurs Ireland in earlystage social entrepreneurship this year.

The 30 successful applicants will receive training and support to further scope out the social

or environmental problem that they are trying to solve, to fine-tune their solution, and to set out an action plan to make their vision a reality. More than that, they will receive a £500 bursary and an opportunity to apply for a share of a £25,000 seed fund to pilot their idea once they graduate.

The national call to create
Ireland's next generation of
social entrepreneurs comes as
Social Entrepreneurs Ireland this
year celebrates its 20th anniversary
dedicated to harnessing the cumulative power of
people to enable lasting social change on the island of
Ireland.

brighter, more optimistic, future
for your fellow citizens and the
planet. If so, tell us

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Since its foundation in 2004, Social Entrepreneurs Ireland has supported more than 600 social entrepreneurs across Ireland in areas such as mental health, homelessness, the environment, education, and unemployment, providing over €14 million in funding

and pro-bono supports during that time.



may long to leave a

Tim Griffiths, CEO of Social Entrepreneurs Ireland, is looking for people who are laser-focused on social change:

"Ireland is a great country in which to live, but we also have our share of social and environmental problems that continue to

go unchecked. As we celebrate our 20th anniversary,
Social Entrepreneurs Ireland continues to work towards
making this country a better place. We are now looking
for visionaries in communities nationwide to apply to
our Ideas Academy 2024 programme.

You

Perhaps you have realised your skills can be used for positive change, from creating accessible education, to slowing the effects of climate change. You may long to leave a

brighter, more optimistic, future for

your fellow citizens and the planet. If so, tell us why you are the best person to fix a particular problem and how your solution has the potential to do this."

Applications for the Ideas Academy are now open until Tuesday March 12 2024 – full information at www. socialentrepreneurs.ie/theideasacademy.

Jürgen Klopp

Türgen Klopp's decision to leave Liverpool may herald a new era for wellbeing in football, Andrew Higham reports.

At 10:36am on January 26 2024, an announcement from one of football's most respected managers rocked fans across the world: Jürgen Klopp had decided to leave Liverpool FC.

As a Liverpool FC fan, I did a double take when my mobile pinged with the news alert and I experienced a moment of shock and a sense of loss. Klopp has had an enormous impact on football - and it seems that his legacy will continue to be felt long after his exit from Anfield.

how satisfied they are with their whole life.

My research focuses on how professional football coaches experience and make sense of wellbeing. I interviewed



what they think wellbeing is and how they experience it. They discussed how their physical and mental energy is influenced by a combination of factors, including their home and work lives and relationships with colleagues and family. Their focus on energy aligns

coaches to ask

Klopp's announcement was accompanied by a 25 minute interview, during which the football manager outlined his reasons for leaving. "My energy source is not endless", he explained, implying that his general wellbeing had diminished over time.

Within 24 ho manager Xav wellbeing struggles too would be over time.

Within 24 hours, Barcelona
manager Xavi voiced his own
wellbeing struggles and announced that he
too would be stepping down

Wellbeing and high performance football coaches

Wellbeing is a complex concept that encompasses how a person feels as well as how they function – it speaks to

with Klopp's own reflections. Several coaches also admitted during this research that it was their first opportunity to speak openly about their wellbeing.

That's perhaps
unsurprising. After all,
high performance coaches
rarely speak publicly about
their wellbeing. By speaking openly and
honestly, Klopp has set a precedent for other football
coaches – and his interview could leave a lasting legacy
for the sport.

Vulnerability and abuse in highperformance sport

High-performance sports environments aren't always safe for athletes and managers to talk about feeling vulnerable or ask for support, because doing so can be perceived as a sign of weakness.

However, research has shown that there should be more conversations about vulnerability in high performance sports given that athletes and managers are at

higher risk of being attacked, harmed or injured, either physically or emotionally.

Unfortunately, there have been many examples over the last few years, including the assault on Newcastle manager Eddie Howe by a fan in 2023. Several footballers have reported the abuse they receive both on and off the pitch.

And it's not just players and managers who're affected: Premier League referee Mike Dean stood down in February 2021 after he and his family received death threats.

The effect of Klopp's honesty about an destignatise dispersion of the pitch.

The effect of Klopp's honesty about an destignatise dispersion of the pitch.

My research has shown that the verbal abuse and stressors experienced by Premier League managers doesn't just affect their wellbeing but that of their families, too. In 2021, for example, Arsenal manager Mikel Arteta disclosed that his family had received threats through social media.

One of the main contributing factors to the relentless abuse and lack of support is football's masculine culture.

Win at all costs

Men's football culture is synonymous with aggressive masculinity. There is a win-at-all-costs mentality and an expectation to conform to socially desirable gender norms and behaviours, such as partaking in banter or abusive behaviour – often at the expense of those displaying vulnerability.

For example, in my research, one of the coaches relayed an incident when they asked for wellbeing support and

was told to "f*** off" by their manager.
Unsurprisingly, then, many don't always feel safe enough to display any signs of vulnerability, sometimes through fear of losing their job. Consequently, seeking support for mental health is often stigmatised in male football.

Contrastingly, there have been reports where football players like Dele and Jadon Sancho have defied the

game's hypermasculine culture of silence by voicing their wellbeing struggles.

In comparison, professional football coaches have not been as forthcoming – until now.

Klopp is encouraging other coaches to prioritise their wellbeing

Klopp's honesty about his circumstances could pave the way for coaches to be more open about their wellbeing and destignatise displays of vulnerability.

The effect of Klopp's interview seemed to be immediate. Within 24 hours, Barcelona manager Xavi voiced his own wellbeing struggles and announced that he too would be stepping down. "I've been a man of the club. I've prioritised it above even myself. I've given everything I have," he said "From a mental health level, it's tough ... the battery levels keep running out." His statement echoed the sentiments of Klopp and the coaches who participated in our research.

Hopefully, such announcements are an indication of things to come – more high performance sports coaches helping to reshape the culture of men's football for the better.

Author Andrew Higham

Shadow of Deception

Israeli Prime Minister Yitzhak Rabin murdered by his own security services.

Evidence suggests that Israeli Prime Minister and Nobel Peace Prize winner
Yitzhak Rabin was murdered by his own security forces in an effort to thwart his
peacemaking initiatives, Sean Kavanagh reports

This article was first published in Irelands' Big Issue in 2014, in light of recent happenings we thought the timing was right to publish again.

In November 1995 Israeli Prime Minister Yitzhak Rabin was seen by the west as a capable and visionary politician whom many believed would finally achieve the

impossible and bring about a peaceful solution to the Palestinian situation in Israel. He knew he could not achieve a resolution and a pathway to peace without compromise. Part of the solution was to give back

Noa and Jonathan Ben Artzi, the grandchildren of late Israeli Prime Minister Yitzhak Rabin, comfort their mother at the funeral.

to the Palestinians some of the lands occupied illegally by Israeli settlers, this of course was not popular within Israel.

While Rabin's popularity abroad was in the ascendancy at home he was perceived as a traitor. Compromise of the nature he advocated was anathema to the establishment within Israeli society. It became an open topic of conversation in care

an open topic of conversation in cafes and synagogues at home and abroad that Rabin was a dead man walking. The word 'rodef' finding its way into the under ancient Talmudic law is a sacred duty laid on all Jews to kill another Jew who imperils the life or property of a Jew,

conversations of many in Jewish society. "Din rodef "

although the word came from an ancient time it suited many to invoke its meaning now.

The intelligence services and the opposition party 'Likud' led Benjamin Netanyahu and other senior Likud members in the weeks before

the assassination attended a right-wing political rally in Jerusalem where protesters branded Rabin a "traitor," "murderer," and "Nazi" for signing a peace agreement with the Palestinians earlier that year.

became
an open topic of
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at home and abroad that Rabin was a
dead man walking

Netanyahu also marched in a Ra'anana protest as demonstrators behind him carried a mock coffin.

Opposing the peace process and stirring up right wing religious

fanatics, branding Rabin a traitor. He was likened to a Nazi with a poster appearing of him dressed in full Nazi uniform being circulated. Among those who

firmly oppose Rabin and believed in 'Din Rofef' was Yigal Amir a student who was also a prominent member

of Eyal a far right militant organisation run by a Shabak (the secret service in charge of protecting the Prime Minister) agent provocateur Avishai Raviv. Evidence would come to light later that he had urged Amir to shoot Rabin. As powerful opposition closed in on him it appeared to many it was only a question of time before Rabin was assassinated.

And so on the night of November 4th 1995 at Kings Square, Tel Aviv at the end of a successful peace rally Rabin walked towards his limousine flanked by two secret service agents. Although the bodyguards should be on high alert, they are not and Yigal Amir lies in wait in

what should be a secure area even though he is a well-known fundamentalist, who would be seen as a potential threat to Rabin. Unusually and against set protocol the bodyguard on Rabin's left shoulder stops walking leaving Rabin exposed. Amir steps forward and fires his berretta. A couple of security guards bundle Amir to the ground while Rabin and bodyguards jump into to the limousine and drive to the nearby Ichilov hospital, three minutes away.

At 11.15 pm Rabin is pronounced dead. According to medical authorities he is the victim of 3 bullets one in the chest, one in the stomach and one in the spine. Yigal Amir is immediately identified as the lone gunman another in the great tradition of lone assassins

such as Lee Harvey Oswald, Sirhan Sirhan and James Earl Ray. Amir declares his guilt and admits "without

the halakhic ruling or 'Din rodef' issued against Rabin by a number of Rabbis I know, I would have had difficulty murdering him, if I had no backing I would not have murdered him.

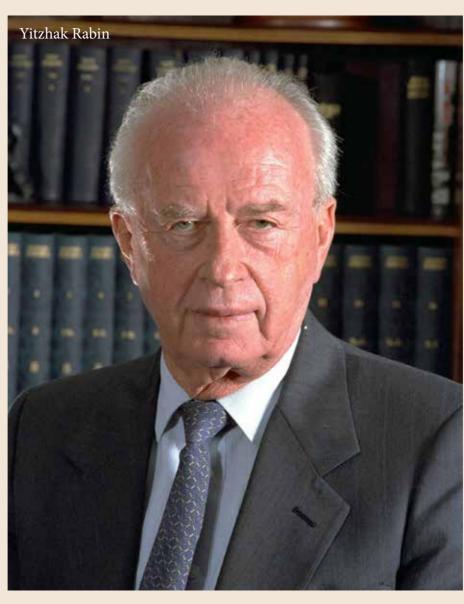
An open and shut case the visionary Rabin murdered by a delusional law student full of questionable religious beliefs. The world mourned, the peace process derailed and it was back to business as usual for the Israeli establishment. All the pieces fitted and the world moved on.

But alas! Like the John Kennedy assassination in 1963, film footage of Rabin's

assassination came to light some months later. Unbeknownst to Israeli authorities a 37 year old accountant Ronni Kempler standing on a rooftop filmed the whole event. The film shows Amir firing at Rabin from behind and at a distance and

only two shots were fired.

However when Rabin arrived at the Hospital some 12 minutes later - a journey that should have taken only a couple of minutes - there was Blood gushing from a chest entry wound that had penetrated further and shattered his spine, residue power also stained his jacket indicating he had been shot at point blank range. And according to medical reports he was shot three times.



Amir
was the perfect patsy set up by
the secret service

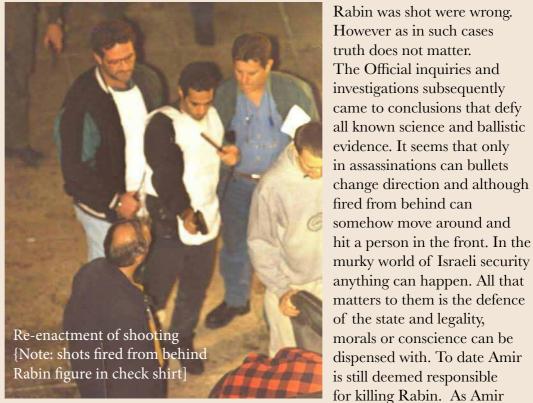


Back at the crime scene a number of policemen were convinced that Rabin escaped injury, there was no blood indicating he had been hit. A number of security people described the shots fired by Amir as sounding like blanks indeed Rabin's wife Leah was assured that her husband was unhurt and that the bullets fired were blanks. Later tests on Amir's hands indicated that he had not fired live ammunition. As the doctors at the hospital elaborated on the wounds suffered by Rabin it was obvious that he would have collapsed at the scene from a bullet shattering his spine instead of jumping into the limousine as the video indicated. Another sinister fact revealed by the video

is that the four doors of the limo were open as Rabin approached but one mysteriously was seen to close from the inside although there was supposed to be nobody in the Limo only the driver. What seemed to be an open and shut case was not bearing up to scrutiny.

One can surmise what really happened that fateful night. Amir was the perfect patsy set up by the secret service, the gun supplied to him loaded with blanks so as to minimise collateral damage to secret agents. On firing what he thought were real bullets it caused enough of a distraction for the conspirators to bundle Rabin into the limo and there in a journey that took far longer than it should have he was brutally murdered. It was as simple as that. The secret service then took control of the scene and evidence and had an assassin (patsy) willing to take the blame, Case Closed. Then shock horror with all these supposed facts out there, the video came to light.

With all the evidence and medical reports already out it was obvious that the initial reports of how



inquiries and investigations subsequently came to conclusions that defy

' If I were to tell the whole truth Official all known science and ballistic evidence

> The murder of Yitzhak Rabin is just another statistic in Israel's bloody history and shows that the compromises

needed to achieve a peaceful solution in the middle east is unlikely to come from this dysfunctional state.

Rabin was shot were wrong. However as in such cases

The Official inquiries and

investigations subsequently

came to conclusions that defy all known science and ballistic

evidence. It seems that only

in assassinations can bullets change direction and although

murky world of Israeli security anything can happen. All that

matters to them is the defence

morals or conscience can be

dispensed with. To date Amir

commented at a court hearing

the entire system would

collapse, I know

this country.

enough to destroy

is still deemed responsible

for killing Rabin. As Amir

of the state and legality,

fired from behind can

truth does not matter.

What's happening in Gaza now is the ultimate horror show, Israels unwillingness to stop the slaughter while using their powerful overseas lobby to intimidate opposing voices shows what their true intentions are. The irony is Israel's current policies could be the catalyst that will lead to total isolation of the Israeli state and major scrutiny into the untold influence a small minority have on western media, political and financial institutions.



THE REMARKABLE ESCAPE OF SAINT PATRICK: FROM SLAVERY TO SANCTITY

Saint Patrick's Day holds cultural, religious, and historical significance for the people of Ireland and has evolved into a global celebration of Irish culture and heritage globally with huge celebrations in the U.S., Australia, Canada and in recent years places like South Korea.

In the annals of history, there are stories that resonate through the ages, inspiring countless generations with their resilience, courage, and faith. Among these tales stands the remarkable escape of Saint Patrick from slavery, a narrative that encapsulates the indomitable spirit of one of Christianity's most revered figures. Saint Patrick, our patron saint, is widely celebrated for

his missionary work and the establishment of Christianity in our land, however, his journey to sainthood was paved with adversity, beginning with his capture and enslavement.

Patrick was born in Roman Britain in the late 4th century. At the age of sixteen, he was captured by Irish raiders and sold into slavery in Ireland. His descent into slavery was a stark contrast to the life of privilege he had known as the son of a wealthy nobleman.

His descent into slavery was a stark contrast to the life of privilege he had known as the son of a wealthy nobleman.

Separated from his family and homeland, Patrick endured years of hardship as a shepherd, tending to his master's flock in the rugged Irish countryside.

Despite the harsh conditions of his captivity, Patrick found solace in his faith. He turned to prayer as a source of strength and resilience, seeking comfort in the teachings of Christianity. Through his unwavering devotion, Patrick cultivated a deep spiritual connection that would sustain him through the darkest days of his enslavement. It was during his captivity that Patrick experienced a profound spiritual transformation. In his

confession, Patrick recounts how he turned to God in his time of need, finding solace and guidance in his faith. He writes of the divine presence that sustained him, offering hope and redemption in the midst of adversity.

As years passed, Patrick's faith grew stronger, fuelling a burning desire for freedom. Inspired by a vision from

God, Patrick resolved to escape his captors and return to his homeland. With courage and determination, he seized an opportunity to flee, embarking on a perilous journey across the Irish countryside.

Patrick's escape from slavery was a testament to his faith and resilience. Guided by divine providence, he navigated treacherous terrain and evaded capture, trusting in God's protection every step of the way. His journey was fraught with danger, yet Patrick remained steadfast in his conviction, driven by a deep sense of purpose and destiny.

After many trials and tribulations, Patrick finally reached safety and was reunited with his family. But

his journey was far from over. Empowered by his faith and newfound freedom, Patrick returned to Ireland and dedicated his life to spreading the message of Christianity throughout Ireland, ultimately becoming our patron saint.

The escape of Saint Patrick from slavery is a testament to the power of faith and the resilience of the human spirit. His journey from captivity to sanctity serves as a timeless reminder of the enduring power of hope, courage, and perseverance in the face of adversity. As we celebrate his legacy this Saint Patrick's Day let us draw inspiration from his example, embracing the challenges before us with faith and determination.

The Suspicious Death of Natalie Wood.

Was it Murder?

Shaun Anthony takes a look at the suspicious death of Natalie Wood.

Natalie Wood was born on 20th July 1938, in San

Francisco, California, and started performing at an early age. Her mother, Maria, enrolled her in ballet classes as a toddler and by the age of 4 she'd landed her first film role, a bit part in Happy Land. She had won over director Irving Pichel after her mother orchestrated their introduction. Later, Wood said that her mother instructed her to "make Mr. Pichel love you."

Little doe-eyed Natalie soon made other film appearances,

tugging at the heartstrings with her role as an orphan in Tomorrow Is Forever, with Orson Welles. In 1947, she again won over fans with her first starring role, in Miracle on 34th Street.

At 16, Natalie began filming one of her most iconic movies in Rebel Without a Cause, earning an Academy Award nomination.



On her 18th birthday, the now adult Wood went on a

crush Robert Wagner. Wagner was 26 and her mother hated him. When the pair wed a year later (on 28th December 1957) her mum was raging - chiefly because she had sole control of her daughter's career up to that point.

date with her

Natalie enjoyed her newfound freedom. She and Robert enjoyed partying and, certainly at the beginning, Wagner seemed to help the uptight star relax and let

"Isn't it better the devil you know?"

her hair down. It was no secret that her mother monitored every waking moment and would not tolerate anything less than perfection.

Wagner, had been born in Detroit, Michigan (on 10th February 1930) but despite being older, he had less acting experience and most would argue lacked the screen prowess his wife naturally possessed, still, he was a great talker and after blagging a screen test as a teen (which he failed miserably), managed to obtain a tiny role in The

Happy Years (1950) which got him a foot in the door and resulted in him signing with an agent and put under contract with 20th Century Fox.

Among Wagner's early films were With a Song in My Heart (1952) in which he garnered significant attention for his small but showy role. He supported James Cagney in What Price Glory and appeared with screen legend Barbara Stanwyck in Titanic, learning more about his craft from working with Spencer Tracy in Broken Lance (1954) and The Mountain (1956), but was unable to make the leap to breakout star.

The 1960s were reasonable for Wagner too and he continued acting in films like The Pink Panther but it took a lead role in TV series It Takes a Thief (1968-1970) to take career to the

1970) to take his career to the next level.

Wood and Wagner both remarried, Robert tying the knot with Marion Marshall in July 1963 and Wood marrying agent, Richard Gregson in 1969, however neither marriage lasted, with Robert divorcing Marion in 1971 and Natalie divorcing Gregson in 1972. Within weeks of her divorce Natalie had fallen back into the arms of Robert. Her younger sister Lana was



furious, but justifying her decision, Natalie declared,

"Isn't it better the devil you know?"

Natalie and Robert were the Hollywood power couple at that time yet behind closed doors they argued relentlessly. Wood felt her husband was very secretive.

She was correct in that assumption.

Arriving home unexpectedly one afternoon, she caught her spouse in bed with his butler. The incident was kept secret for fear it would damage their careers. The trust was gone however and they separated in 1961, divorcing in 1962.

Robert told friends the marriage broke down because Natalie and Warren Beatty were having an affair on the set of Splendor in the Grass (1961).. After starring with Beatty, Wood went on to dazzle in West Side Story. This really showcased her incredible dancing skills.

I know what you're doing.... you want to f*** my wife

in Switch, with Eddie Albert before joining Stefanie Powers to star in Hart to Hart. The popular show, which aired until 1984, offered Wagner even greater career success. Natalie on the other hand did not work as much but when she

From 1975 to 1978, Robert starred

other hand did not work as much but when she did, earned positive reviews in the likes of Cat on a Hot Tin Roof and the miniseries From Here to Eternity.

Despite living the Hollywood dream Wagner and Wood could not be in each other's company very long before crossing swords - they both had very short tempers.

Natalie had always been a people pleaser and desperate to keep their marriage together she had taken up her husband's favourite pastime, sailing (despite being terrified of water), so ahead of Thanksgiving Weekend in 1981 she invited many of their pals to take a trip on their yacht, Splendour to Catalina Island. In the days leading

up to the trip every friend cancelled citing the upcoming storm, except her co-star in the film Brainstorm, Christopher Walken.

So Natalie, Robert and Christopher boarded. According

trouble ahead,



"I could see RJ's [Robert's] heckles up the second Chris strode onto the boat with the collar up of his peacoat"

On the Friday evening (27th) an argument broke out and an unnamed witness observed a fight between Wood and Wagner, who were arguing about whether to move the boat to the more remote side of the island. Wagner wanted to move the vessel at night, but Wood didn't want him to [as Davern reported choppy weather]. Later that night, Wood left the boat with Davern, booking them both hotel rooms nearby. According to Dennis, Natalie spent the night talking incessantly in his room, claiming her marriage to Wagner was over, yet when she awoke a few hours later, requested he take her straight back to the yacht, claiming

"It was the drink talking."

28th November

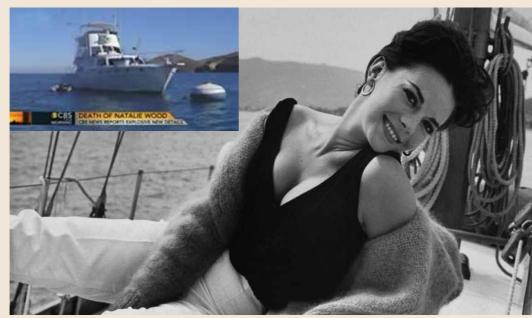
On Saturday evening everyone enjoyed a champagnefilled dinner at a restaurant in Catalina before reboarding the yacht for the evening.

An argument had been brewing mid-way throughout the meal between Walken and Wagner and when they boarded the boat Robert yelled,

"I know what you're doing..... you want to f*** my wife;

and smashed a bottle of wine. Natalie screamed,

"I cannot take this anymore"



and Walken retired to his room, refusing to interact with Wagner.

A fight however swiftly resumed at the back of the boat (according to Dennis and a witness from a nearby vessel) between Wood and Wagner. They were yelling at each other and then suddenly,

"there was complete silence". These witnesses would later state there was no splashing sound or body in the water. Davern claims the last words he heard Wagner yell

"It was no accident....". "Get off my f***ing boat!"

Davern asserted that some time later Wagner came to his room (at 11.05pm) declaring he couldn't locate Natalie.

Dennis, Chris and Robert searched the whole vessel but couldn't find her. When Davern announced he was calling the Coast Guard, Wagner claimed the dinghy was gone so

"she's probably gone off to to the island."

This made no sense to Davern or Walken as the weather was treacherous and Natalie was notoriously petrified of dark water - even looking at it. If Natalie had wanted off the boat she'd have asked Davern like she'd done the previous evening, she would not have been confident enough to stretch out and untie a dinghy, never mind make it to land in such choppy seas. Factor in she was wearing only her nightie and socks and the assertion was ludicrous (for someone who would not open her front door without full make-up).

Again Davern stated he was calling the Coast Guard but Wagner became incensed with rage, demanding that the island should be searched - not the water. Davern responded he was "at least putting on the searchlights"

and Wagner commanded him to sit down and have a drink. In 2011, Davern said he "deeply regretted" taking orders from Wagner and sitting drinking for the next hour. Wagner eventually permitted Davern to call the Coast Guard.

Why the Four Hour Wait?

At 1.30am on 29th November, a ship-to-shore call was made and two hours later, at 3:30 am the Coast Guard was finally called. Investigators still wonder why the more than 4 hour wait. At 8am Wood's body was found about a mile south of their yacht. The autopsy showed bruises and a high blood alcohol level. According to Davern, Wagner gathered the three of them and outlined the story they should tell the

the police - that Natalie must have got up, untied the dinghy to go back to the island and slipped and fell into the water, which was the story detectives were told; there was no mention of rows. When asked about the broken bottle Wagner told detectives it had smashed during the storm earlier. At the time, investigators deduced that she'd

accidentally fallen into the sea and the death was ruled an accidental drowning.

With wife, Jill St. John

previous couple of years stating, "

It was no accident....".

Ralph Hernandez, one of the leading investigators in the 2011 inquiry stated that Christopher Walken had

> told a close friend that he knew Wagner had "pushed" Wood.

Two new witnesses who'd been present at Wood's autopsy claimed they observed significant wounds to Natalie's head. Hernandez, who took their sworn statements, has seen the original photos and concurs that Natalie's head wounds indicated that she was in a violent fight, and was pushed, or tossed, in the water.

Dr. Michael Franco, a family medicine specialist in LA, was an intern at the L.A. Coroner's Office

when Woods' body was flown in. For over 40 years he has kept silent but after decades of reflection he decided that coming forward was "the right thing to do." He described remembering,

has seen the original photos and concurs that Natalie's head wounds indicated that she was in a violent fight, and was pushed, or tossed, in the water.

"the striations were in the opposite direction of somebody trying to get onto a boat. It was like somebody being pushed off or there was a force that was pulling her off."

When he'd mentioned this to his superior, Dr. After Wood died, Wagner began seeing Jill St. John, a Noguchi over 40 years earlier he was told,

"Some things are best left unsaid."

Was there a cover up?

Her death is no longer considered accidental but that does not mean Wagner was necessarily responsible, however, no one could be blamed for believing he's serious questions to answer - he had a temper, had been drinking heavily and was the last one to see her alive. His tardiness in calling the Coast Guard leave many pointing the finger.

fellow actor. The two wed in 1990. The marriage was the fourth for both Wagner and St. John and it has lasted longer than all six of their previous marriages combined.

Wagner remained active with his career. He starred as Number Two in the Austin Powers movies and he made regular guest appearances on various TV shows, including NCIS.

Then, in 2011, the case was reopened after pressure from Davern and others. Davern claimed he was "wracked with guilt....have been for years" but felt "immense pressure" to keep quiet.

Davern had been calling Lana (Natalie's sister) for the



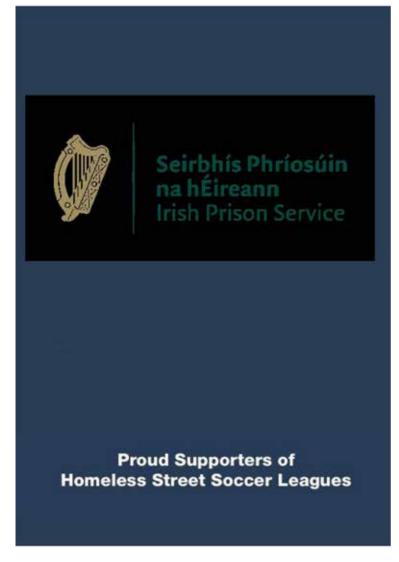
Comhairle Contae County Council

County Hall
Marine Road, Dun Laoghaire
Tel. 01-2054700

Homeless Freephone/
After Hours Service
1800 707 707

Email: homeless@dlrcoco.ie www.dlrcoco.ie







Best wishes to the
Waterford team
in the Homeless Street
League Soccer finals on
April 27th.

Waterford & South Tipperary
Community Youth Service
Manor Street Youth & Community
Centre,

Manor St,
Waterford,
X91 TY8N
(051) 872 710
info@wstcys.ie

Find us on Facebook

The Beautiful Game

The Beautiful Game, is a film inspired by the Homeless World Cup. The producers L met with former players including Ireland before filming. Their real life stories inspired the characters you get to meet in The Beautiful Game, which launches globally on Netflix on 29th March 2024.

Graham Broadbent, Pete Czernin and Ben Knight produced the project for (Three Billboards Outside

Ebbing

Missouri) outfit Blueprint Pictures with Colin Farrell (a long time supporter of the Homeless World Cup who narrated the 2019 the documentary Street Leagues about the Irish Homeless Street Leagues

Irish actor Tom Vaughan Taylor (far right) plays the goalkeeper Kevin

Cottrell Boyce (The Railway Man) who met with many former players including Ireland before filming and their

> real life stories inspired the characters you get to meet in The Beautiful Game. Another Irish interest in this fictionalised account is Tom Vaughan-Lawlor (Nidge) of 'Love/ Hate' fame who plays Kevin the goalkeeper of

as executive producer of The Beautiful Game.

In the film Mal (Bill Nighy) is the manager of England's homeless football team, taking his players to Rome with the hope of being crowned champions of the Homeless World Cup, a global street soccer tournament.

At the last minute he decides to bring with them a talented striker Vinny (Micheal Ward, Empire of Light, The Book of Clarence), who could give them a real chance at winning, but only if he's ready to let go of his past and become part of the team.

Made with the support of the Homeless World Cup, The Beautiful Game is a film of second chances - where homeless teams from around the world find that all roads lead to Rome, and everything's to play for.

Extensive research was undertaken by script writer Frank

the English team.

The Homeless World Cup has been around since 2003, representing nearly 70 countries. Over the past two decades, more than 1.2 million people have participated in the tournament, playing for 220

clubs worldwide. In fact, many of the players in The Beautiful Game are played by real the Homeless World Cup, The HWC participants whose lives Beautiful Game is a film of have been impacted by the organisation's efforts.

> Football may seem like an unlikely ally in the fight against homelessness, but as the film depicts, the beautiful game has a way of changing perceptions — around teams, around people, and even around homelessness itself.

Made

with the support of

second chances











Homeless Street Soccer Finals

As the Irish Homeless Street leagues celebrate their 20th anniversary a unique opportunity exists for Players to showcase their football skills as they compete for the title of All Ireland champions.

"I am testament to the fact that a ball can change a life it changed mine."

Casey (20) HWC player 2023



"All the girls come together and support each other - it's like a big family."

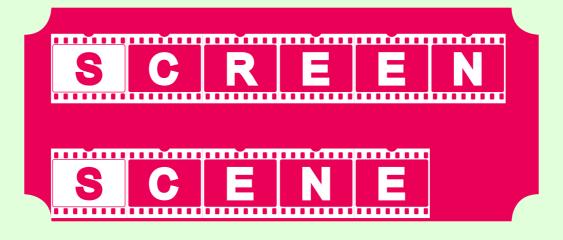
Chantel (21) HWC player 2023

Male & female teams will compete for the title of male & female All Ireland Street Soccer Champions 2023. The tournament will take place on Wednesday 24th April at Andy Moore Park, Kiltipper, Road, Tallaght 10 am to 3 pm.

It promises to be an exciting day for all the players with the IHSL coaching staff using the occasion to monitor players from within the leagues with a view to selecting a panel of players male & female from which eligible players will be chosen to represent Ireland at future International tournaments including our 20 years International Tournament in June and the Homeless World Cup in Seoul, South Korea in September.

Good luck to all the players as they prepare for the tournaments ahead.

A Ball Can Change a Life.



The Beautiful Game ****

Starring: Bill Nighy, Michael Ward

Run Time: 125 mins Streaming: Netflix Available: 29th March

The Beautiful Game really illustrates what happens to a bunch of homeless men who pull together to represent England at football's Homeless World Cup in Italy. Made with the support of the Homeless World Cup, The Beautiful Game stars Bill Nighty, Michael Ward and Callum Scott Howells. It's a film of second chances — where homeless teams from around the world find that all roads lead to Rome, and everything's to play for.

Of the film, President and Founder of the Homeless World Cup Foundation says,

"We have proved just how powerful football can be when it is applied to a social problem and we will keep striving to do more. We hope that the work we have done in The Beautiful Game inspires more people to join in and support future Homeless World Cups and together we can all aim to end homelessness forever."

Perfect viewing for your Easter break.



Frida **

Starring: Salma Hayek Run Time: 87 mins

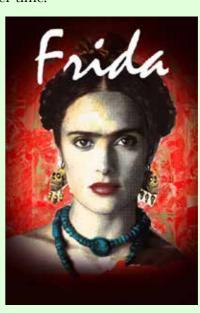
Streaming: Prime Video

Available: From 14th February

Frido Kahlo; the surrealist Mexican painter, the master of the self-portrait, the fashion rebel, the feminist icon, the wife of Diego Rivera. It has all been said already, and yet, if there's one thing to learn from Carla Gutiérrez's new illustrated documentary film, Frida, it's that Frida, the person, was just a normal, passionate, complex woman; and that's the whole point.

This won't be for everyone but it does capture the essence of Kahlo who died way too soon (at the age of 47). She was headstrong, she was promiscuous, she drank too much, she took way too many pain pills and poured all her pain and anguish into her paintings.

One thing is for sure - Frida Kahlo was born before her time.



Taylor Swift - The Eras Tour ***

Starring: Taylor Swift Streaming: Disney+ Run Time: 26 x 22 mins

Available to stream: 15th March

Lisa Frankenstein **

Starring: Kathryrn Newton, Cole Sprouse

Streaming: At the cinema Run Time: 110 mins.

Available to watch: C22nd March

The Eras concert film will be available in its entirety for the first time and includes the song "Cardigan" and four additional acoustic songs. This history-making, cinematic experience from 14-time GRAMMY-winning artist Swift has been hotly anticipated by fans across the globe.

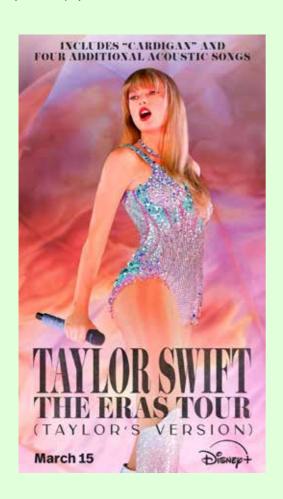
The Eras Tour, directed by Sam Wrench, grossed more than \$260 million worldwide at the global box office, making it the top selling concert film of all-time.

Modern day Swifites will love this but her old fans who loved 'nice, Country-music, good girl Taylor' may not enjoy some of the antics! A coming of age, (or rage) love story about a teenager and her crush, who happens to be a corpse. After a set of horrific circumstances bring him back to life, the two embark on a journey to find love, happiness - and a few missing body parts.

This film reminds me a lot of Edward Scissorhands.... It has that gothic fantasy, Tim Burton vibe about it.

Even if the storyline isn't your thing, I imagine Riverdale fans will love it due to Cole Sprouse co-starring.

Not everyone's cup of tea but Goth teens will love it.





A LITTLE BIT OF IRISH

Phrase:	Translations:	Pronounciation:
Tá mé ar buille	I am angry	thaw air boo/ill/ya
Níl sé/sí istigh inniu	He/She is not in today	Kneel shay/shee ish/tig in/u
Cén uimhir ghutháin atá agat?	What is your telephone number?	Kane iv/or goo/tawn ah/taw ah/gut?
Níl aon fhreagra	There is no answer	Kneel ain frag/ra
Tá brón orm faoin moill	I am sorry for the delay	Thaw bro/inn ur/im fween mwil



Over the next few issues we'll be attempting to increase your word power. Have a look at the words below and afterwards see if you know their meaning. This issue all words begin with A.

W	ord

11. Adumbrate

12. Adroit

Pronunciation

ad-uhm-breyt

uh-droit

1. Acquiesce ak-wee-es 2. Alacrity uh-lak-ri-tee uh-nath-uh-muh 3. Anathema uh-kwit 4. Acquit 5. Arrogate ar-uh-geyt 6. Avarice av-er-is 7. Ascetic uh-set-ik 8. Arcane ahr-keyn 9. Arboreal ahr-bawr-ee-uhl 10.Apocryphal uh-pok-ruh-fuhl

How did YOU score?

10 or more - Perfection!6-9

Brilliant.

3-5 Well done.

0-2 Must do better.

Answers

- 1. To assent tacitly; submit or comply silently or without protest
- 2. Cheerful readiness, promptness, or willingness.
- 3. A person or thing detested or loathed.
- 4. To relieve from a charge of fault or crime; declare not guilty
- 5. To claim unwarrantably or presumptuously
- 6. Insatiable greed for riches
- 7. A person who dedicates their life to a pursuit of contemplative ideals and practices
- 8. Known or understood by very few.
- 9. Of or relating to trees; treelike.
- 10. Of doubtful authorship or authenticity.
- 11. To produce a faint image or resemblance of.
- 12. Expert or nimble in the use of the hands or body.



BAILE ÁTHA CLIATH · BÉAL FEIRSTE · RÁTH CHAIRN · DÚN SEACHLAINN · GAOTH DOBHAIR







Atlantic Ocean is Headed for a Tipping Point

nce melting glaciers shut down the Gulf Stream, we would see extreme climate change within decades, study shows.

Superstorms, abrupt climate shifts and New York City frozen in ice. That's how the blockbuster Hollywood movie "The Day After Tomorrow" depicted an abrupt shutdown of the Atlantic Ocean's circulation and the catastrophic consequences.

that it's headed in that direction. If that happened, average temperatures would drop by several degrees in North America, parts of Asia and Europe, and people would see severe and cascading consequences around the world.

While Hollywood's vision was over the top, the 2004 movie raised a serious question: If global warming shuts down the Atlantic Meridional Overturning Circulation, which is crucial for carrying heat from the tropics to the northern latitudes, how abrupt and severe would the climate changes be?



We also discovered a physics-based early warning signal that can alert the world when the Atlantic Ocean circulation is nearing its tipping point.

The ocean's conveyor belt

Ocean currents are driven by winds, tides and water density differences.

Twenty years after the movie's release, we know a lot more about the Atlantic Ocean's circulation. Instruments deployed in the ocean starting in 2004 show that the Atlantic Ocean circulation has observably slowed over the past two decades, possibly to its weakest state in almost a millennium. Studies also suggest that the circulation it reaches the tipping has reached a dangerous tipping point, it shuts point in the past that sent it into a down quickly. precipitous, unstoppable decline, and that it could hit that tipping point again as

the planet warms and glaciers and ice sheets melt.

In a new study using the latest generation of Earth's climate models, we simulated the flow of fresh water until the ocean circulation reached that tipping point.

The results showed that the circulation could fully shut down within a century of hitting the tipping point, and In the Atlantic Ocean circulation, the relatively warm and salty surface water near the equator flows toward Greenland. During its journey it crosses the Caribbean Sea, loops up into the Gulf of Mexico, and then flows along the U.S. East Coast before crossing the Atlantic.

> This current, also known as the Gulf Stream, brings heat to Europe. As it flows northward and cools, the water mass becomes heavier. By

> > the time it reaches Greenland, it starts

to sink and flow southward. The sinking of water near Greenland pulls water from elsewhere in the Atlantic Ocean and the cycle repeats, like a conveyor belt.

Too much fresh water from melting glaciers and the Greenland ice sheet can dilute the saltiness of the water, preventing it from sinking, and weaken this ocean

Once

conveyor belt. A weaker conveyor belt transports less heat northward and also enables less heavy water to reach Greenland, which further weakens the conveyor belt's strength. Once it reaches the tipping point, it shuts down quickly.

What happens to the climate at the tipping point?

The existence of a tipping point was first noticed in an overly simplified model of the Atlantic Ocean circulation in the early 1960s. Today's more detailed climate models indicate a continued slowing of the conveyor belt's strength under climate change. However, an abrupt shutdown of the people would see severe and cascading consequences around the world.

So, when will we see this tipping point?

Atlantic Ocean circulation appeared to be absent in these climate models.

This is where our study comes in. We performed an experiment with a detailed climate model to find the tipping point for an abrupt shutdown by slowly increasing the input of fresh water.

We found that once it reaches the tipping point, the conveyor belt shuts down within 100 years. The heat transport toward the north is strongly reduced, leading to abrupt climate shifts.

The result: Dangerous cold in the North

Regions that are influenced by the Gulf Stream receive substantially less heat when the circulation stops. This cools the North American and European continents by a few degrees.

The European climate is much more influenced by the Gulf Stream than other regions. In our experiment, that meant parts of the continent changed at more than 5 degrees Fahrenheit (3 degrees Celsius) per decade – far faster than today's global warming of about 0.36 F (0.2 C) per decade. We found that parts of Norway would experience temperature drops of more than 36 F (20 C). On the other hand, regions in the Southern Hemisphere would warm by a few degrees.

These temperature changes develop over about 100 years. That might seem like a long time, but on typical climate time scales, it is abrupt.

The Atlantic circulation has slowed significantly in the distant past. During glacial periods when ice sheets that covered large parts of the planet were melting, the influx of fresh water slowed the Atlantic circulation. triggering huge climate fluctuations.

The big question – when will the Atlantic circulation reach a tipping point – remains unanswered. Observations don't go back far enough to provide a clear result. While a recent study suggested that the conveyor belt is rapidly approaching its tipping point, possibly within a few years, these statistical analyses made several assumptions that give rise to uncertainty.

The conveyor belt shutting down would also affect sea

level and precipitation patterns, which can push other ecosystems closer to their tipping points. For example,

precipitation. If its forest ecosystem turned to grassland,

the transition would release carbon to the atmosphere and result in the loss of a valuable carbon sink, further

the Amazon rainforest is vulnerable to declining

accelerating climate change.

Instead, we were able to develop a physics-based and observable early warning signal involving the salinity transport at the southern boundary of the Atlantic Ocean. Once a threshold is reached, the tipping point is likely to follow in one to four decades.

The climate impacts from our study underline the severity of such an abrupt conveyor belt collapse. The temperature, sea level and precipitation changes will severely affect society, and the climate shifts are unstoppable on human time scales.

It might seem counterintuitive to worry about extreme cold as the planet warms, but if the main Atlantic Ocean circulation shuts down from too much meltwater pouring in, that's the risk ahead.

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Wolfe Tone

iz Scales looks at the extraordinary life of Wolfe Tone, a man dedicated to affording all Catholics equal rights across Ireland.

Wolfe Tone was born on 20th June 1763 in Liffey Street Dublin, although the family moved to Stafford Street (later renamed Wolfe Tone Street) just after his birth.

Born Theobald Wolfe Tone, he was the first of sixteen children born to Peter (Pete) and Margaret, middleclass, fairly well-to-do Protestants. Sadly only five of their sixteen children survived infancy.

Pete, his father was born in Bodenstown. Co. Kildare on the estate of the barrister and politician Theobald Wolfe; he

named his firstborn after him and he'd become Wolfe's godfather.

The family were very comfortable and enjoyed the finer things in life right up until the late 1770s when Pete's business failed and, after a long-drawn-out and expensive lawsuit with his brother, he lost all rights to any family property.

Wolfe's mother Margaret (nee Lamport) was the daughter of a captain in the West Indies trade. The family was Wolfe as very talented, but catholic, however, she converted to protestantism when Wolfe was around the age of eight.

When Wolfe was 8 or 9 he was sent to an English school run by Sisson Darling in Mabbot Street, Dublin and four years later was enrolled in a Latin school



under the tutelage of Rev. William Craig. Wolfe's father and teachers alike felt that a fellowship at Trinity College would be a great goal for him. Wolfe wanted to be a

soldier but under pressure vielded to his dad's wishes and entered Trinity College in 1781. Staff would describe Wolfe as very talented, but lazy, however, his involvement in a fight in which a student was killed led to a one-year suspension. He resumed his studies in 1783, this time agreeing to buckle down and behave himself and three years later graduated and was

awarded a scholarship. He had also won several medals from the College Historical Society - knowledge that would later come to great use.

Tone was getting a bit of a reputation for sleeping around, or as he described the situation 'my fugitive passions'. He had an affair with the wife of politician and animal rights campaigner Richard Martin of Dangan, Co. Galway amongst others but deeply desired finding

the right woman to settle down with. In January 1785 he set eyes on Martha

Witherington, then 15 and "as beautiful as an angel". Tone was 22, which today would seem absurd but he set his heart on her. He dedicated months attempting to befriend her father,

a woollen draper and charm his way into their home, which he succeeded at, then swiftly proposed marriage without speaking with her mum or dad and

Staff would describe

lazy...

the pair ran off together and got married. Not only did he marry Martha, he disliked her name, so changed it to Matilda. When the pair returned home family relations were soured in the Witherington home, in fact, they couldn't stand him. Marriage had also rendered Wolfe

ineligible for a fellowship at Trinity College leading him to pursue a legal career. Sadly, despite conceiving four children, each baby died in infancy.

In a bid to start his career, and aware his inheritance was gone he left his wife with his family and moved to London in Wolfe Tone - Irish revolutionary life

diary during this time and despite working hard, he partied harder! Wolfe was incredibly sociable and relished debate especially when the alcohol was flowing.

sometimes substantial commercial property, had no

elected representation. Belfast was a parliamentary

borough in the 'pocket' of the Marquess of Donegal, the

town's proprietor. They had united around the proposal

of one of their number, now resident in Dublin, William

Drennan, for

"a benevolent

conspiracy,

the people"

dedicated to

"the Rights

and to "Real Independence"

for Ireland.

These men

themselves

had kept a

Irishmen. Tone

rather detailed

named

United

of Man"

a plot for

1787 to study law, the law books were boring him rigid but he fulfilled his residence qualification and swiftly returned to Ireland at the end of 1778. Styling himself an "independent Irish Whig" he followed the example of some of his college friends and began reporting on the proceedings of the Irish Parliament and the conduct of the London-appointed Dublin Castle executive.

He was called to the bar in July 1789. For a time he practised on the Leinster circuit but, as he recalled,

"I soon got sick and weary of the law' and, in any case, politics and pamphleteering beckoned."

In July 1790 in the visitors' gallery in the Irish House of Commons, Wolfe met Thomas Russell, a disenchanted East India Company veteran. Tone found Russell equally critical of the proceedings in the chamber below. Henry Grattan's reform-minded Patriots were struggling in their endeavour to build upon the legislative independence from England that the Volunteer militia movement had helped secure. Wolfe later described this meeting with Russell as "one of the most fortunate" in his life.

In October 1791, under the tutelage of Russell, Tone gave an address to a small reform club in Belfast. Members were Protestant "Dissenters" from the established church (Presbyterians) who, in spite of

An Argument on Behalf of the Catholics of Ireland

Wolfe Tone's pamphlet
'An Argument on Behalf of the
Catholics of Ireland' stands as a
pivotal document in the history of
Irish nationalism...

Wolfe Tone's pamphlet 'An
Argument on Behalf of the
Catholics of Ireland' stands
as a pivotal document in the
history of Irish nationalism
and the struggle for Catholic
emancipation. Published in 1791
during a period of profound sociopolitical upheaval, his tract articulated a

compelling case for the rights and liberties of Catholics, challenging the discriminatory penal laws that had long oppressed them. This groundbreaking work not only reflected the tumultuous political climate of its time but also embodies the enduring quest for equality, justice, and national liberation.

The backdrop against which Tone composed his argument was one of deep-seated sectarianism and institutionalised discrimination. Catholics were nothing more than second-class citizens and were denied fundamental rights such as the ability to hold public office, own land, and practice their religion freely. In Tone's pamphlet he methodically dismantled the

justifications for the penal laws, exposing them as arbitrary and morally indefensible. He eloquently posited that the denial of civil liberties to Catholics violated basic principles of justice.

Central to Tone's argument was the notion that religious freedom and tolerance are indispensable pillars of a democratic and inclusive society. He laid the groundwork for a more egalitarian and harmonious society, where individuals were judged on the basis of their character

Depiction/of Wolfe in prison

granted, but at that point news ar-

rived that he lay stricken with his

throat cut...

to Ireland in 1796, but storms, indecisiveness, and poor seamanship prevented a successful landing. The rebellion finally arrived in the summer of 1798. On 24th May rebels attempted to take Dublin and the surrounding counties but were quickly suppressed. The rebellion spread to

Wicklow, Antrim, Down, Wexford, Kilkenny, and Meath but was unsuccessful. Wolfe was captured in Buncrana in Donegal in October 1798. Tone faced a grim fate. Sentenced to be hanged for his role in the uprising, his death took a different course due to his unique

and merit rather than their religious background.

Moreover, his tract served as a potent catalyst for an honourable political mobilisation and consciousness-raising among the Irish populace. It galvanised support for the cause ing Tone's execution was in fact

of Catholic emancipation and inspired a burgeoning sense of national identity and solidarity. Through his impassioned rhetoric and cogent arguments, he fostered a spirit of unity and

resistance against British colonial rule, laying the groundwork for the emergence of Irish republicanism as a potent force for change.

The French Revolution

The French Revolution, which erupted in 1789, sent shockwaves throughout Europe, challenging the entrenched systems of monarchy and aristocracy and ushering in an era of profound political upheaval. The revolutionary fervour that swept across France resonated far beyond its borders, inspiring oppressed peoples and marginalised communities to rise up against their own oppressors - and the United Irishmen were no exception.

Tone appealed to the French to aid Ireland in her fight and set sail with a French fleet to bring men and arms circumstances. Knowing that his execution was inevitable, he requested a soldier's death by firing squad, an honourable death in military terms, however, his request was denied. The British

authorities, keen on making an example of him, refused his plea. Instead, Tone was sentenced to face the gallows, a fate he found intolerable.

An injunction suspending Tone's execution was in fact granted, but at that point news arrived that he lay stricken with his throat cut. Tone's wound was self-inflicted, however, whether he intended to commit suicide must remain an open question. It is possible that he was seeking to delay his execution in hopes of a commutation. A deep wound to the throat would have been sufficient to effect a stay of sentence. Tone's mistake, it may be suggested, was to cut too deeply; and hence the explanation for his cryptic remark,

"I am sorry I have been so bad an anatomist."

On 19 November 1798 Tone died in the Provost Prison of the Royal Barracks, Dublin. He was 35 years old. He left behind a devoted wife and toddler and his wife dedicated her life to preserving his writings and legacy.



Because laughter is the best medicine!



A farmer had three sons. One day his oldest came to him and said that since he was graduating from high school, he would really like to get a car.

His father said, 'Son, come here.' He took him to the barn and pointed to the tractor and said, 'This tractor is needed for the farm and I promise, as soon as it's paid for, we'll get you a car.' The boy was not too happy, but was understanding.

A week later, his second son approached him wanting a motorcycle. 'Well,' the father said, 'as soon as the tractor is paid for we'll see about getting you your scooter.' Shortly after, his youngest was bugging him for a bike. Again, the father gave him the lecture about the tractor needing to be paid off first.

While leaving the barn, the young boy, a little disgusted with his father's explanation, saw the farm rooster doing it's rooster duty with one of the hens. He promptly went over and kicked the rooster off the hen's back, mumbling to himself.

His dad asked, 'Son, now why would you do something like that?, he didn't do anything to deserve that.'

The third son replied, 'Hey, nobody around here rides anything until that tractor gets paid off!'

I just broke up with someone and the last thing he said to me was,

'You'll never find anyone like me again!' I'm thinking, 'I should hope not!.

If I don't want you, why would I want someone like you?

A lady came up to me on the street and pointed at my suede jacket.

'You know a cow was murdered for that jacket!' she sneered.

I replied in a psychotic tone,

'I didn't know there were any witnesses, now I'll have to terminate you too.'

A guy had been feeling down for so long that he finally decided to seek the aid of a psychiatrist. He went there, lay on the couch, spilled his guts then waited for the profound wisdom of the psychiatrist to make him feel better. The psychiatrist asked me a few questions, took

some notes then sat thinking in silence for a few minutes with a puzzled look on his face.

Suddenly, he looked up with an expression of delight and said, "Um, I think your problem is low self-esteem. It is very common among losers."

A defendant isn't happy with

how things are going in court, so he gives the judge a hard time.

Judge: "Where do you work?"
Defendant: "Here and there."
Judge: "What do you do for

a living?"

Defendant: "This and that."
Judge: "Take him away."

Defendant: "Wait; when will I get out?"

Judge: "Sooner or later."

My sister didn't do as well on her driver's theory test as she'd hoped.

It might have had something to do with how she completed this

sentence: "When the _____ is dead, the car won't

start."

She wrote: "Driver."

Two little boys stole a big bag of oranges from a neighbour. They decided to go to a quiet place to share the lot equally. One of them suggested the nearby cemetery. As they were jumping over the gate to enter the cemetery, two oranges fell out of the big bag but they didn't bother to pick them since they had enough in the bag. A few minutes later, a drunk man on his way home from a bar passed near the cemetery gate and heard a voice saying: "One for me, one for you. One for me, one for you."

He immediately sobered up and ran as fast as he could to a church nearby. "Father, please come with me. Come and witness God and Satan sharing corpses at the cemetery." They both ran back to the cemetery gate and the voice continued: "One for me, one for you. One for me, one for you. One for me, one for you."

Suddenly, the voice stopped counting and said: "What about the two at the gate?

Patricia Scanlan's Book Club



Patricia Scanlan was born in Dublin, where she still lives. She is a #1 bestselling author and has sold millions of books worldwide. Her books are translated in many languages.

Patricia is the series editor and a contributing author to the award winning Open Door Literacy series. In this monthly feature, Patricia brings you her favourite reads of the moment.

End of Story -A.J. Finn- William Morrow & Company

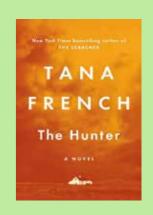


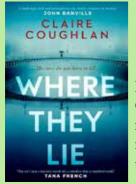
"I'll be dead in three months. Come tell my story." So writes Sebastian Trapp, reclusive mystery novelist, to his long-time correspondent Nicky Hunter, an expert in detective fiction. With mere months to live, Trapp invites Nicky to his spectacular San Francisco mansion to help draft his life story . . . while living alongside his beautiful second wife, Diana; his wayward nephew, Freddy; and his protective daughter, Madeleine. Soon Nicky finds herself caught in an irresistible case of real-life "detective-fever." "You and I might even solve an old mystery or two." Twenty years earlier--on New Year's Eve 1999 – Sebastian's first wife and teenage son vanished from different locations, never to be seen again. Did the perfect crime writer commit the perfect crime? And why has he emerged from seclusion, two decades later, to allow a stranger to dig into his past? "Life is hard. After all, it kills you." As Nicky attempts to weave together the strands of Sebastian's life, she becomes obsessed with discovering the truth . . . while Madeleine begins to question what

her beloved father might actually know about that long-ago night. And when a corpse appears in the family's koi pond, both women are shocked to find that the past isn't gone – it's just waiting.

The Hunter – Tana French – Viking

It's a blazing summer when two men arrive in a small village in the West of Ireland. One of them is coming home. Both of them are coming to get rich. One of them is coming to die. Cal Hooper took early retirement from Chicago PD and moved to rural Ireland looking for peace. He's found it, more or less: he's built a relationship with a local woman, Lena, and he's gradually turning Trey Reddy from a half-feral teenager into a good kid going good places. But then Trey's long-absent father reappears, bringing along an English millionaire and a scheme to find gold in the townland, and suddenly everything the three of them have been building is under threat. Cal and Lena are both ready to do whatever it takes to protect Trey, but Trey doesn't want protecting. What she wants is revenge. Tana French is at the top of her game with The Hunter.





Where They Lie – Claire Coughlan – S&S

Dublin, 1943. Actress Julia Bridges disappears. The last sighting of her is entering the house of Gloria Fitzpatrick, who is later put on trial for the murder of another woman whose abortion she facilitated. But it's never proved that Gloria had a hand in Julia's death – and Julia's body has never been found. Gloria, however, is sentenced to life in an institution for the criminally insane, until her apparent suicide a few years later, and the truth of what happened to Julia Bridges dies

with her. Dublin, 1968. Nicoletta Sarto is an ambitious junior reporter for the Irish Sentinel when the bones of Julia Bridges are discovered in the garden of a house on the outskirts of Dublin.

Drawn into investigating the 25-year-old mystery of Julia's disappearance and her link to the notorious Gloria Fitzpatrick, the story takes Nicoletta into the tangled underworld of the illegal abortion industry, stirring up long-buried secrets from her own past. As much a murder mystery story as a look at a young woman's struggle to succeed in a man's world, Where They Lie is a beautifully atmospheric debut that will stay with you long after you've turned the last page.

The Sunrise Swimming Society - Rosie Hannigan - Avon

The day Heather, Niamh and Lauren met, they promised to be best friends for life, and that instant connection only grew stronger with their weekly sunrise swims in their stunning local lake. When they left school, they agreed that, no matter where life took them, every year on midsummer's dawn, they would meet at their old spot and swim together. Now, fifteen years later, the tradition has disappeared in the face of life's realities. In fact, they don't speak any more – not since that night . . . But this summer, they find themselves back in their Irish hometown and realise this could be their last chance to recapture what they have lost. Will their return to sunrise swimming heal each of them, and help them rekindle the friendships they once treasured? A heartwarming novel to fall in love with.



DIRTHDAY WEEKEND

The Birthday Weekend – Zoë Miller – Hachette Books Ireland.

Socialite Lucinda Oliver planned a lavish celebration for her fortieth birthday - a weekend escape at an Irish coastal town with her sister Stella and her closest friends. The weekend was to end with a blowout party and a special announcement; one Lucinda had been dropping hints about for weeks. But before Lucinda could reveal her secret, she went missing. And now, six months later, her car has been found submerged in the Atlantic Ocean. Devastated, Stella decides to gather Lucinda's friends once more, in that same coastal town - the first time they've all been together since her disappearance. But soon she starts to suspect that one of the group knows the truth about Lucinda's accident. Which one of them is lying? Stella vows to find out, discovering that what happened to her sister links back to another

birthday celebration, ten years ago...A gripping page-turner. The Birthday Weekend is a terrific read.



In Barcelona, we meet a cast of characters who live turbulent inner lives. In a Spanish hotel room a marriage unravels as a young wife is haunted by a past love. A father travels to Paris to meet his scientist son and is exposed to his son's true nature. A woman attends a reading by a famous author and comes to some painful realisations about her own marriage. The stories in Barcelona reveal the underlying disquiet of modern life and the sometimes brutal nature of humanity. Whether on city streets, long car journeys or in suburban rooms, we glimpse characters as they approach those moments of desperation - or revelation - that change or reshape fate.





Rabbit and Bear: This Lake is Fake – Julian Gough (Author) Jim Field (Illustrator) – Hodder Children's Books

Rabbit is fed up. Spring has come, but it's not as perfect as he thought it would be. Bear thinks that if they work hard, they can make it better. But Rabbit has a Plan. He sets off across the lake in search of a perfect world. Crossing the water together, Rabbit and Bear learn many things, and discover that their perfect world may be closer at hand than Rabbit had thought. A story of hope, friendship, and an entire island made of bird droppings. Gorgeously illustrated and with a classic feel, deal for readers moving on from picture books.

The Podcast Review

We source the best selection of podcasts each issue. This time we bring you, The ADHD Women's Wellbeing Podcast, 6 Minute Vocabulary, The Garden of Eden and Why Do You Hate Me?

The ADHD Women's Wellbeing Podcast (Health)

Are you ready to feel healthier, calmer and more balanced with your ADHD? Do you need help getting your emotional health, lifestyle and health on track but not sure where to begin? Perhaps you're newly diagnosed with ADHD and need some insights and perspectives on how you can turn your life around following this new discovery? In this new podcast, ADHD lifestyle & wellbeing coach and EFT practitioner, mum of four and ADHD herself, Kate Moryoussef will be having conversations with global experts, thought leaders, professionals and authors about how you can harness your wellbeing to work alongside your brain and enhance your life as a woman with ADHD. So whether you're struggling with your nutrition, motivation to exercise, need help to calm your nervous system, struggle with anxiety, have found sleep difficult or simply looking for guidance on how to live a calmer and more balanced life - this podcast is for you.









Monday join two BBC presenters and hear about different ways to develop your vocabulary knowledge and skills.

The Garden of Eden (True Crime)

15-year-old Eden Westbrook, lived in a small seaside town in Tasmania. One night after a minor disagreement with her family she left home. The next morning, she was found dead hanging from a tree on the main road into the town. The family don't believe she took her own life. This series delves into the family's view of the police investigation, the witness that was last to see Eden Alive, missing evidence, new information and a tiny town with a dark secret.

Why Do You Hate Me? (Culture)

The online world can be a breeding ground for hate. But why do some people behave the way they do on social media? In each episode, the BBC's Disinformation and Social Media Correspondent Marianna Spring - one of the most trolled BBC journalists - dives into her inbox and investigates a different extraordinary case of online hate to find out. She meets the people at the heart of these conflicts, and in some cases brings them together, to see if understanding - even forgiveness - is ever possible.

How to:

Search "Google podcasts" in the Play Store app (if you've an Android phone). iPhones comes with Apple podcasts app installed. Open the app and type in the name of the podcast you want or you can just browse categories whilst there.

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